Multicolour Illustrative Edition

FUNDAMENTALS OF BIOCHEMISTRY

For University and College Students in India and Abroad

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Dedicated to my reverend father LATE SHRI HAR NARAYAN JAIN

(24-12-1899 - 11-1-1982)

Humanitarian, Philanthropist, Businessman and a True Father

"His life was gentle, and the elements So mix'd in him that Nature might stand up And say to all the world, 'This was a man!'"

> ---William Shakespeare Julius Caesar, Act V, Scene 5.



"We must trust in nothing but facts which are presented to us by nature and cannot deceive."

—Antoine Laurent Lavoisier (LT, 1743-1794)

ABOUT THE AUTHOR

J.L. Jain (born, r. 20.12.1938) has about 35 years of teaching experience of undergraduate and postgraduate classes. He did M.Sc. (Botany), with specialization in Cytogenetics and Plant Breeding, from Agra University, Agra and was conferred Ph.D. (Virology) from Meerut University, Meerut. He has published about a dozen research papers in various journals of international repute. He



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has also contributed articles of varied interest in many Magazines and Periodicals.

Dr. Jain has authored many text books pertaining to Botany and Biochemistry, catering to the needs of High School to postgraduate and research students and are being used in India and abroad. He has been an active member of the Leadership Project in Botany, sponsored by the University Grants Commission, New Delhi. He is presently associated with many universities, and prestigious institutions such as Banasthali Vidyapeeth, Jaipur and Madhya Pradesh Bhoj (Open) University, Bhopal, as an expert and counsellor.

Dr. Jain is the recipient of 'Sahitya Bhooshan' degree from Lucknow, in 1953. He has the rare distinction of being selected fellow of the coveted 'The Linnean Society of London', the oldest extant society in the world (founded in 1788) devoted to Life Sciences and patronized by Her Most Excellent Majesty Queen Elizabeth II and was awarded F.L.S. in 1994.

PREFACE

TO THE SIXTH EDITION

At the outset, the senior author of the book welcomes his two sons, Dr. Sunjay Jain and Er. Nitin Jain who have joined me as coauthors of this text, a credit which would have been given earlier to them as they were helping in a latent way in the evolution of the book for the past many years.

Thirty two years have elapsed since one of us (JLJ) embarked on the intellectual journey of writing a textbook of Biochemistry. As Biochemistry is growing at a dazzling pace, each edition has been demanding in a different way. In this latest 6th edition, the book has been thoroughly revised, enlarged and updated with not even a single chapter left untouched. Besides, one new chapter **Genetic Code** has been interpolated to enhance the scope and utility of the book. Addition of two new appendices is an added charm of the book : one is `**The Nobel Prizes**', the world's most venerated awards and the other is an exhaustive and highly explanatory **Glossary**, containing about 1700 words, along with etymology of many of them. Above and over all, this time the book has been presented in **multicolour edition** with profuse colour illustrations so as to increase its clarity, understandability and legibility, especially of the diagrams.

It is hoped that the present book, in its revised and enlarged multicolour form, would serve in a still better way, the authors are keenly desirous of.

Gratitude is expressed to the students and teachers, both from India and abroad, who have sent in their valuable suggestions which have been given due consideration. We are sincerely thankful to our publishers, specially to Shri Ravindra Kumar Gupta, the Managing Director of the firm, for his wholehearted cooperation and goodwill gesture accorded to. The entire staff of the firm deserves appreciation for their unflinching support during the gestation period of this book. We are also deeply indebted to our own Mrs. Mithlesh K. Jain M.A., for her sustained support of this endeavour from its inception; her wisdom has made all the difference. In fact, we are grateful to our whole family for their patience, buoyancy and encouragement of this venture which was more arduous than anticipated.

Healthy criticism and suggestions for further improvement of the book are solicited.

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J.L. JAIN SUNJAY JAIN NITIN JAIN

`All the world knows me in my book, and my book in me.' —*Michael Montaigne*

PREFACE

TO THE FIRST EDITION

B iochemistry is a new branch of science which aims at answering, in chemical language, questions such as 'What is the life made of ?' and 'How does it work?' Whereas the eye works at the gross level of visible objects, the microscope reaches down to the cellular level, exposing details of the various cell organelles, including nuclei and other particles. Biochemistry, however, works at a still finer level that cannot be accessed by the ultra-modern optical or phase-contrast microscopes. In other words, it operates at a molecular level and thus brings to light the hidden secrets of life. The rapid development and enormous expansion of every phase of biochemistry has not only markedly enriched our knowledge about the nature of life but has also made biochemistry the very language of life itself.

Realising the paramount importance of this discipline of science, degree courses in biochemistry are now offered in a good number of colleges and universities. But the students offering this subject at undergraduate level come as raw hand, as biochemistry is not taught to them at the school level. It is, in fact, to meet the requirements of such students that this book has been written. Besides, the book may also serve an useful purpose for higher studies.

The book contains the basic concept of biochemistry written in a manner suited to the broad spectrum of the college students. The matter has been lucidly presented, orderly arranged and profusely illustrated. References have been included at the end of each chapter in order to guide the reader to the classical and current literature. A few appendices are given at the end. These may, however, prove useful to the reader. Some illustrations have been adapted from standard texts, journals and research papers. The sources of all such figures have been duly acknowledged in their legends. The author feels greatly beholden to their authors and publishers.

I am also thankful to my publishers, specially to Sri Shyam Lal Gupta and Sr. T.N. Goel for taking keen interest and in bringing out the book in its present form. Finally, I am grateful to my wife Mrs. Mithlesh K. Jain M.A., for inspiring me in proceeding from thoughts to print.

Helpful suggestions for improvement are welcome.

Saharanpur

J.L. JAIN

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